

# Module 1

# Understanding Self and Others

Road to understanding  
self and others



Appreciating diversity



Acknowledge  
myself in relation  
to others



Can we just  
get along?



Putting myself in  
another's shoes



A common humanity



Responding to  
the needs of mutual  
understanding



## Module 2

# Transforming the World Together



Failing to respect one another

Conflicts, violence and injustices around me

Peace begins with me

Non-violent alternatives

Reconciliation walk

Working together to transform the world

Building bridges of trust