Module 1
Understanding Self and Others

- Acknowledge myself in relation to others
- Road to understanding self and others
- Appreciating diversity
- Putting myself in another’s shoes
- A common humanity
- Responding to the needs of mutual understanding
- Can we just get along?

A common humanity
Module 2
Transforming the World Together

Conflicts, violence and injustices around me
Failing to respect one another
Peace begins with me
Non-violent alternatives
Reconciliation walk
Working together to transform the world
Building bridges of trust