



SYNYPARXIS

ECUMENICAL REFUGEE PROGRAMME

Non-profit organization of the Church of Greece

Psycho-social support for the resilience and well-being of children in the context of migrant and refugee inclusion in Europe.

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Psychosocial needs

- An interrelation between psychological and social factors affecting the well-being of an individual.
- A psychosocial approach tends to respond to people's interconnected social and psychological needs, addressing them in an integrated manner.

Psychosocial support

- Support to victims of disaster, catastrophe or violence
=> easing resumption of normal life by preventing longer-term consequences of potentially traumatic situations

Unaccompanied minors

- Lack of /inadequate care
=> long lasting consequences on their psychological well-being

What is P/S support

Connection with human rights =>

Facilitates access to

- employment (Art. 26),
- education (Art. 27),
- procedures for recognition of qualifications (Art. 28),
- social welfare (Art. 29),
- healthcare (Art. 30),
- accommodation (Art. 32) etc.

Unaccompanied minors

- **Unaccompanied minors (UAMs):**

Children, who have been **separated from both parents and other relatives** and are not being **cared for by an adult** who, by law or custom, is responsible for doing so (*article 1 of the Convention on the Rights of the Child of 20 November 1989*).

Case management

- 1st step: Introduction and engagement
- 2nd step: Assessment (assess minor's situation and needs)
- 3rd step: Individual Action Plan
- 4th step: Implementation of Action Plan (connect the minor with resources, provide direct interventions) → revision
- 5th step: Case follow up (have the goals been achieved, does the minor need more assistance??) → revision
- 6th step: Case closure (family reunification, adulthood, drop outs)

Knowledge about the cultural, political and economic context of minors country of origin

- Population, tribes, wars, civil wars and conflicts (political)
- Religion (religious)
- Customs, national celebrations, values → marriages in early age, clitoridectomy
- Financial issues (standards of living, costs of living)
- Welfare and Health system
- Educational system

Transition to European reality

- Early intervention by covering basic needs (food, accommodation, health and legal documents).
- Community work in order to welcome and integrate minors in the host countries

Integration or Inclusion?

- P/s support access to employment, education, procedures for recognition of qualifications, social welfare, healthcare, to accommodation.
- Participation in inclusion or integration programs (State, NGOs).

Maintaining ties with the country of origin

- Celebrate with them Ramadan, Christmas, Nouroz, (Afghan/Persian New Year' s Day)
- Frequent contact with members of family in Europe or in the country of origin
- Keep in touch with their mother language and their culture

Thank you for your attention.

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