Module 1
Understanding Self and Others

Road to understanding self and others
Appreciating diversity
Putting myself in another's shoes
Acknowledge myself in relation to others
A common humanity
Can we just get along?
Responding to the needs of mutual understanding
Module 2
Transforming the World Together

Conflicts, violence and injustices around me
Failing to respect one another
Peace begins with me
Non-violent alternatives
Reconciliation walk
Working together to transform the world
Building bridges of trust